SUBSTANCE ABUSE TREATMENT FACT SHEET

Massachusetts Department of Public Health, Bureau of Substance Abuse Services

This fact sheet contains information about the impact of alcohol and other drug use in the Cape and Islands Senatorial District. Admission data were reported to the Bureau of Substance Abuse Services (BSAS) Substance Abuse Management Information System in FY 2003.

Residents of Cape and Islands Senatorial District

Characteristics of Admissions

In FY 2003, there were 115,896 admissions to licensed substance abuse treatment services in all of Massachusetts; 3.2% (3,671) of these admissions reside in the Cape and Islands Senatorial District. 3% (109) of admissions from the Cape and Islands Senatorial District were under 17 years of age. **Please** note that these statistics represent only individual admissions, and represent a figure lower than the actual number of constituents in need of treatment services. In FY 2003, admissions to all residential and outpatient substance abuse treatment services from Cape and Islands Senatorial District reported the following characteristics:

- 68% were male and 32% were female.
- 58% were between the ages of 30-49.
- 89% were white non-Latino, 4% were black non-Latino, 2% were Latino, and 4% were other racial categories.
- 54% were never married, 19% were married, and 27% reported not to be married now.
- 20% had less than high school education, 46% completed high school, and 34% had more than high school education.
- 41% were employed.
- 5% were homeless.
- 38% had prior mental health treatment.

Primary Substance of Use

At admission clients also identify a "primary drug" of use that is the substance for which the client is seeking treatment. Table 1 compares the proportional distribution of primary drugs in Massachusetts with that for the Cape and Islands Senatorial District.

Table 1 Primary Drug by District and State FY 2003									
	Alcohol	Heroin	Marijuana	Cocaine	Crack				
District	59%	18%	8%	5%	2%				
State	43%	38%	6%	4%	4%				

Substances Used in Past Year

Upon entering treatment, each client is asked to report ALL substances used in the past year (12 months) prior to admission. Admissions frequently report using more than one substance within the year. The use of more than one psychoactive substance, such as alcohol and marijuana, is referred to as 'polydrug' or 'polysubstance' use.

Table 2 shows ALL substances which clients reported using in the year prior to admission, including the prevalence of injection drug users (IDU's), individuals who use a needle to ingest cocaine, crack, heroin or another drug to get high.

Table 2 Annual Admissions by Substance Used: FY 1995 – FY 2003											
Cape and Islands Senatorial District											
	Total	Alcohol	Marijuana	Cocaine	Crack	Heroin	IDU				
FY '95	2,950	2,607	937	646	230	513	360				
FY '96	2,980	2,616	1,050	658	277	506	356				
FY '97	3,102	2,644	965	566	258	483	337				
FY '98	3,529	2,908	1,040	596	242	740	474				
FY '99	3,518	2,831	1,035	663	255	881	587				
FY '00	3,742	3,003	1,121	733	224	910	638				
FY '01	3,930	3,082	1,138	754	244	1,077	728				
FY '02	3,915	3,105	1,161	809	270	986	662				
FY '03	3,671	2,942	1,074	844	291	785	560				

Heroin and Injection Drug Use

Figure 1 below shows the proportional increases in all admissions in the Cape and Islands Senatorial District and the proportional increase in admissions reporting heroin and injection drug use, a factor driving increases in HIV.

